



DYNAMIC RISK ASSESSMENT CHECKLIST



“the practice of observing, and assessing the situation we’re in, to identify and reduce risk... and make decisions”

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Constant & unpredictable changes: Where things are unpredictable or constantly changing.

Unknown hazards: Where all the hazards that will be present aren’t know until the activity starts.

New hazards: Where new hazards may be introduced during the task.

Unknown levels of risk: Were the level of risk may not be known ahead of the activity.

Considerations	Notes/Details
<p>Capabilities on the day</p> <p>Capabilities on the day of both the carer and the person living with dementia</p> <ul style="list-style-type: none"> • Energy levels e.g. <ul style="list-style-type: none"> i. effect of lack of sleep ii. lack of appetite/ food iii. the effect of traffic congestion on journey to the event • Mood & motivation • Good or bad day/ hour • Triggers e.g. <ul style="list-style-type: none"> i. new volunteer/ unfamiliar faces ii. change of routine iii. group situation iv. animals e.g. dogs • Ability to adapt to a new environment 	

Considerations	Notes/Details
<p>Environmental conditions</p> <ul style="list-style-type: none"> • Weather conditions e.g. <ul style="list-style-type: none"> i. slip/trip hazards ii. cold/hot iii. light levels/ shadows iv. wind • Members of the public e.g. <ul style="list-style-type: none"> i. increase in noise ii. congestion • Maintenance work e.g. <ul style="list-style-type: none"> i. route changes ii. noise • Blockages on the route e.g. <ul style="list-style-type: none"> i. fallen tree/ broken gate ii. flooding 	
<p>Changes in the persons medical condition/ dementia</p> <p>Effect of changes in:</p> <ul style="list-style-type: none"> • Appetite/ calorie intake • medication • symptoms e.g. visual or depth perception • memory • mental health & wellbeing 	
<p>Other (PLEASE ADD YOUR OWN)</p>	