

'Pathways into Nature' Action Sheet

Things I'm finding tricky <small>These are a few of the challenges I have to getting outdoors & connecting with nature</small>	Things that might help <small>One or two small steps I could try that I picked up from the trainers or other carers at the training</small>	Help I might need <small>People, organisations or resources suggested at the training that might help me</small>
1.	<ul style="list-style-type: none">●●	
2.	<ul style="list-style-type: none">●●	
3.	<ul style="list-style-type: none">●●	

