

## Your Guide to Financial Assistance

### How can we help you make your Dementia Adventure happen?

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As a charity, we fundraise to make our holidays more affordable for everyone. This year, we're responding to the current cost-of-living crisis by subsidising our 2023 holidays by a minimum of 30%.

Depending on the location, a typical five-day holiday is currently between £1,000 to £1,350 per person. After making your payment (including your deposit), there will be no more additional charges unless there are breakages or damage. The price you pay includes accommodation; food; transport; activities; around-the-clock support for the length of your trip; and all the organisation in the run-up! Behind every holiday there is a crew of people hard at work to ensure your trip goes off smoothly and safely, from scouting and booking locations to the nitty-gritty of meal plans and health-and-safety checks.

By running our holidays on a not-for-profit basis, working with fully-trained volunteers, and using donations and funding from our supporters to cover at least 30% of the holiday cost, we aim to give a break to as many people who need one as possible—regardless of their financial situation.

We don't want finance to be a barrier to people getting the holiday they need. We fundraise so that we can provide an additional financial subsidy for those who cannot afford the advertised prices.

We want to use our charitable subsidy for the people that need it the most. By paying the price listed, you could make a holiday possible for somebody who may not otherwise be able to afford it. But we don't want money to be a reason for people to not have a holiday.

There are many ways of getting some help to help pay for your holiday and we have included some ideas here. Most of the grants and bursaries are fairly straightforward to apply for. However, if you think you may be eligible for some financial assistance and need some help with the process please [Contact Us](#) and we will try to help.

## Talk to your local authority

It is always worth checking with your local council Social Services Department to find out if you or the person you care for are eligible for support. In order to qualify, you and the person you are looking after will need to have your needs assessed.

People who are entitled to support from local authority social services should be offered the option of having a personal budget. This allows them to have a say in what the money that has been allocated to meet their care needs is spent on. Some people may like to receive this as a direct payment. This means that they control the money and how it is spent themselves and can

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use this money to pay for a supported holiday with Dementia Adventure. People living with dementia who may have difficulties making decisions are entitled to receive self-directed support from a local authority. This may be managed by a person appointed to make money decisions on their behalf, who may be a trusted family member.

Find the number of your local social services department in your local phone directory or online at: [local.direct.gov.uk/LDGRedirect/index.jsp?LGSL=209](http://local.direct.gov.uk/LDGRedirect/index.jsp?LGSL=209)

The Mental Health Foundation - Dementia Choices provides information and guidance on self-directed support from local authorities for people living with dementia, their families and friends, and the staff who support them. Find out more at: [www.mentalhealth.org.uk/explore-mental-health/a-z-topics/dementia](http://www.mentalhealth.org.uk/explore-mental-health/a-z-topics/dementia)

## Apply for a grant

### *Top tips*

**Look locally:** There are numerous local trusts which help people within certain geographical areas. Is there a local fund covering your area?

**Be specific:** Apply only for grants where they specify holidays, breaks or respite will be funded

In the UK there are thousands of awards and grant schemes designed to provide and offer financial support and assistance to individuals, each with their own eligibility criteria. Please find a list below of some opportunities that we have identified, which may help you to experience one of our holidays.

**Turn2us:** a free service that helps people in financial need to access welfare benefits, charitable grants and other financial help - online, by phone and face to face. The website features a free and easy to use grants search and benefits calculator. w: [www.turn2us.org.uk](http://www.turn2us.org.uk)

**Carers Trust:** If you are an unpaid family carer, Carers Trust has a Carers Grant Fund which can provide up to £300 towards the cost of a short break. To apply, contact [your local carer service](#) so they can advise you. They will complete a supporting statement for you on the application form. w: [www.carerstrust.org.uk](http://www.carerstrust.org.uk) e: [info@carers.org](mailto:info@carers.org) t: 0300 772 9600

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**3H Fund:** provides grants to help towards the cost of a holiday within a restricted geographic area. w: [www.3hfund.org.uk](http://www.3hfund.org.uk) e: [info@3hfund.org.uk](mailto:info@3hfund.org.uk) t: 01892 860 207

**The Respite Association:** provides funding towards the cost of respite breaks. You can apply directly but most referrals come from caring organisations, such as Crossroads or directly from Social Services on behalf of individuals.

w: [www.respiteassociation.org](http://www.respiteassociation.org) e: [help@respiteassociation.org](mailto:help@respiteassociation.org) t: 01566 783383

**Ogilvie Charities:** Funds breaks for carers through the Margaret Champney Rest and Holiday Fund. Applications must be made through a social worker, community nurse or similar professional agency and payment is made direct to that agency. Grants typically range from £200 to £300.

w: [www.ogilviecharities.org.uk](http://www.ogilviecharities.org.uk) e: [info@ogilviecharities.org.uk](mailto:info@ogilviecharities.org.uk) t: 01394 388746

**Barchester's Charitable Foundation:** This foundation favours applications that help improve people's mobility, independence and quality of life. Grants range from £100 up to £5,000. They do not accept applications submitted by the intended beneficiary or their immediate family. All applications for an individual must be supported by a third party sponsor, like a health or personal care professional, social worker, charity or support group representative. For more examples of who could sponsor your application please contact their administrator for guidance.

w: [www.bhcfoundation.org.uk/apply-grant](http://www.bhcfoundation.org.uk/apply-grant) e: [info@bhcfoundation.org.uk](mailto:info@bhcfoundation.org.uk) t: 0800 328 3328

**UK Community Foundations:** There are 46 accredited community foundations in the UK, covering all of Scotland, Wales, Northern Ireland and most of England. The network helps bring together people and organisations, and has given grants to charities, community groups and individuals.

w: [www.ukcommunityfoundations.org/our-network](http://www.ukcommunityfoundations.org/our-network) e: [info@ukcommunityfoundations.org](mailto:info@ukcommunityfoundations.org)  
t: 020 7713 9326

## Apply to a benevolent fund

Have you or has somebody in your family worked for a particular trade? There are many schemes, often called benevolent funds, specifically to aid the families of people within a certain profession. We have listed a few suggestions below:

**GroceryAid:** GroceryAid is the trading name of the National Grocers' Benevolent Fund (NGBF). There is a wide range of guidance and support available at GroceryAid including legal advice, housing, personal and family work and career, benefits, money and debt.

w: [www.groceryaid.org.uk](http://www.groceryaid.org.uk)

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**Chartered Accountants' Benevolent Association (CABA):** CABA provides advice and practical support to current and former ICAEW chartered accountants and their families including ICAEW chartered accountants, retired ICAEW chartered accountants, spouses & life partners, active ACA students and those living overseas. Available to provide support, guidance and financial support if needed. w: [www.caba.org.uk](http://www.caba.org.uk)

**The Drinks Trust:** The Drinks Trust exists to support members of the UK drinks industry facing a variety of difficult circumstances including serious illness, disability, debt or family crisis. The Benevolent's mission is to help colleagues from the trade facing serious medical or financial hardship or any other workplace or home difficulties. The charity supports employees from every sector of the drinks trade. w: [www.drinkstrust.org.uk](http://www.drinkstrust.org.uk)

**Hospitality Action:** Offers vital assistance to all who work, or have worked within hospitality in the UK and who find themselves in crisis. The charity supports people with life-altering illnesses, experiencing poverty, bereavement and domestic violence and those who have retired from the industry who may be isolated. People can apply for grants for a range of things including essential items, food, equipment and central heating. w: [www.hospitalityaction.org.uk](http://www.hospitalityaction.org.uk)

**Architects Benevolent Society:** The Architects Benevolent Society is the only registered charity in the UK dedicated to helping architects, assistants, technologists, technicians, landscape architects, and their families, in times of need. They help people of all ages who have experienced illness, accident, redundancy, unemployment, bereavement or other personal misfortune. Support ranges from confidential advice to financial assistance. w: [www.absnet.org.uk](http://www.absnet.org.uk)

**Bakers Benevolent Society:** The Bakers' Benevolent Society is an Almshouse Charity that provides sheltered accommodation in Epping & Essex. They provide housing, care and support to the retired people of the Baking Industry and its Allied Trades. It employs professional staff with the qualifications and experience to carry out their jobs in a caring manner. w: [www.bakersbenevolent.co.uk](http://www.bakersbenevolent.co.uk)

**PRS for Music Members Benevolent Fund:** The PRS for Music Members Benevolent Fund provides financial help and advice to PRS members experiencing hardship due to illness, accident, disability or conditions associated with old age. They offer cash grants to deal with a crisis, help towards essential living costs, free specialist medical assessments as well as financial and debt management. w: [www.prsmembersfund.com](http://www.prsmembersfund.com)

**British Allied Trades Federation:** The British Allied Trades Federation Benevolent Society financially assists individuals that have worked within the giftware, jewellery, surface engineering and travel goods and fashion accessories industries. w: [www.batf.uk.com/the-benevolent-society](http://www.batf.uk.com/the-benevolent-society)

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**Market research industry:** The MRBA provides financial help, advice and assistance to anyone who works or has worked in market research (including market researchers, interviewers, recruiters, office staff and independents in the market research industry) and to their immediate families. MRBA supports those who need help with debt, or other financial assistance brought on because of an injury, illness, bereavement, carer responsibility, or other personal issue.

w: [www.mrba.org.uk](http://www.mrba.org.uk)

**The Solicitor's Charity:** An independent charity working for solicitors both past and present and their families. They help people of all ages who are in serious financial need as a result of illness, accident, redundancy or other adversity. w: [www.thesolicitorscharity.org](http://www.thesolicitorscharity.org)

**SSAFA (Soldiers, Sailors, Airmen and Families Association):** The umbrella Forces charity supporting both Regulars and Reserves in the British Army, the Royal Navy and the Royal Air Force and their families, including anyone who has completed National Service. w: [www.ssafa.org.uk](http://www.ssafa.org.uk)

**RAF Benevolent Fund:** Supports people who are currently serving, or have served, in the RAF and their families. w: [www.rafbf.org](http://www.rafbf.org)

**The Soldiers Charity:** ABF The Soldiers' Charity supports soldiers and former soldiers. They provide financial assistance to all soldiers and their families for debt relief, mobility assistance, educational bursaries, care home fees, respite breaks, and more. w: [www.soldierscharity.org](http://www.soldierscharity.org)

**The Ben (License trade in Scotland):** The Ben supports anyone in need in the licensed trade, whatever age or background and wherever in Scotland they are based, provided they have worked in the Licensed Trade for at least three years full time. w: [www.bensoc.org.uk](http://www.bensoc.org.uk)

**Royal College of Nursing Foundation:** Provides hardship funding, giving assistance to members of the nursing team in times of need. Through the Benevolent Funds they provide support to all working and retired nurses, midwives, health care assistants, nursing students and their families. w: [www.rcnfoundation.org.uk](http://www.rcnfoundation.org.uk)

**Timber Trades' Benevolent Society:** For applicants who have worked in the Timber Trade in the UK for at least 10 years as employees of companies engaged in the trading and distribution of wood based products, are in receipt of a low income, have little or no savings and live within the UK. Applications can come from individuals, other charities or similar. w: [www.ttbs.org.uk](http://www.ttbs.org.uk)

**Electrical Industries Charity:** To help current and retired staff to manage significant life issues and events, such as debt, state benefits, health issues, relationship difficulties, family problems, legal rights, bereavement, abuse and emotional distress. They can also provide assistance for respite breaks for carers. w: [www.electricalcharity.org](http://www.electricalcharity.org)

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**Royal Medical Benevolent Fund:** The Royal Medical Benevolent Fund is the leading UK charity for doctors, medical students and their families. They provide financial support, money advice and information when it is needed due to age, ill health, disability or bereavement. w: [www.rmbf.org](http://www.rmbf.org)

**Unite the Union Benevolent Fund:** The Fund for Unite the Union members and employees and their immediate dependents.

w: [www.unitetheunion.org/how-we-help/memberoffers/benevolentfund](http://www.unitetheunion.org/how-we-help/memberoffers/benevolentfund)

**NASUWT Benevolent fund:** The Benevolent Fund is available to members and former members of the Union, and their dependents, provided a subscription has been paid to the Union. The Fund was created to provide effective short-term assistance during difficulties relating to financial hardship as a result of chronic illness, bereavement, an accident or loss of employment through dismissal or redundancy.

w: <https://www.nasuwt.org.uk/contact-us/legal-support/benevolent-fund.html>

**BEN:** The UK's dedicated charity for those who work, or have worked, in the automotive and related industries, and their dependents. BEN's Welfare Service supports individuals and families through challenging times, providing help, advice, information and financial support.

w: [www.ben.org.uk](http://www.ben.org.uk)

**NewstrAid:** Supports people and their immediate dependents, who have been employed in newspaper and magazine distribution in the UK (anyone who deals with newspapers and magazines from the time they leave the printing press until they reach the reader). The charity will help people with a proven trade connection and are in need of support and/or financial assistance. w: <https://www.newstraid.org.uk/apply-for-welfare>

**Ambulance Services Charity:** They endeavor to help both serving and retired ambulance personnel and their immediate dependents in times of exceptional hardship, poverty or personal need. w: [www.theasc.org.uk](http://www.theasc.org.uk)

**The Printing Charity:** The Printing Charity helps those who have worked in the printing industry. One-off grants and regular financial assistance are available for those on relatively low incomes.

w: [www.theprintingcharity.org.uk](http://www.theprintingcharity.org.uk)

**Civil Service Benevolent Fund:** They support civil servants, past or present, and those who work for organisations directly funded by a government department. Support is available in relation to money, stress and anxiety, caring, depression, relationships, mental health.

w: [www.foryoubyyou.org.uk](http://www.foryoubyyou.org.uk)

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### Additional Dementia Adventure Financial Support

We may be able to offer you financial support towards your holiday using the Dementia Adventure Support Fund. This could be a contribution towards the cost of the holiday itself, or it could be towards anything that is creating a barrier to you taking your holiday—like the cost of transport, clothing, or personal care. In order to be considered, you or the person you are caring for must have a formal dementia diagnosis, live in the UK, and be unable to pay the listed prices on our website.

Below is a list of some of the things we might consider when reviewing your eligibility for the Fund:

- You haven't had a holiday in a significant period of time.
- The reason you haven't been able to go on holiday is due to lack of finances.
- You have applied or are planning on applying for additional funding elsewhere.
- You are receiving means-tested benefits.
- You have not previously accessed financial support through the Dementia Adventure Support Fund within the last 12 months.
- You will significantly gain from having a Dementia Adventure supported holiday, in a way that will contribute to your wellbeing beyond the duration of the holiday itself.

We will always consider everyone on an individual basis, so don't be put off if you think you have a reason for receiving funding from the Support Fund that isn't represented in this list, [get in touch](#) and we will do our best to help you.

If you are eligible for funding, we will ask that you allow us to use your holiday story in order to give others an idea of the impact that a Dementia Adventure holiday can have.

#### Thanks to Our Supporters

Our ability to provide financial assistance from the Dementia Adventure Support Fund is made possible by funding from individuals, businesses, and grant funders, including the players of People's Postcode Lottery. We give our heartfelt thanks to all those who help us give people living with dementia and their carers the crucial break they need.

Thank you also to those who, when able, pay the prices of the holidays listed. You are helping make a holiday possible for someone who may not otherwise be able to afford it.

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### Further information

If you need further advice you could try contacting:

**Age UK:** UK-wide charity which can provide information and advice. Contact them via their website or phone number below to find information and details of your local branch.

w: [www.ageuk.org.uk](http://www.ageuk.org.uk) t: 0800 169 2081

**Alzheimer's Society:** A national charity providing support to people with all types of dementia and their carers as well as support groups. Contact to find details of your local branch.

w: [www.alzheimers.org.uk](http://www.alzheimers.org.uk) t: 020 7423 3500

**Carers UK:** A charity offering expert advice, information and support for all carers.

w: [www.carersuk.org](http://www.carersuk.org) e: [advice@carersuk.org](mailto:advice@carersuk.org) t: 0808 808 7777 (10am-4pm)

**Carers Trust:** Supports carers locally through a UK-wide network of 160 Network Partners who offer information, advice, guidance, emotional support, and local carer support groups.

w: [www.carerstrust.org.uk](http://www.carerstrust.org.uk) e: [info@carers.org](mailto:info@carers.org) t: 0844 800 4361

**Citizens Advice:** Advice from your local Citizens Advice.

w: [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk) t: 03444 111 444

**Dementia UK:** Runs a national helpline and email service.

w: [www.dementiauk.org](http://www.dementiauk.org) e: [direct@dementiauk.org](mailto:direct@dementiauk.org) t: 0800 888 6678

**Young Dementia:** Provides information and support to people affected by young onset dementia.

w: [www.youngdementiauk.org](http://www.youngdementiauk.org) e: [support@youngdementiauk.org](mailto:support@youngdementiauk.org) t: 01993 776295