



Holiday Itinerary

dementia
adventure®

Norfolk 1st - 5th December 2025

Your Adventure Leader will be Jesse

Mobile number 07956 101092 (for use during break)

Office number 01245 237548

You will be staying at

The Lodge Brazenhall Barns, Dunton, NR21 7PG

We will meet

Fakenham Garden Centre
Mill Rd, Hempton, Fakenham NR21 7LH

Day One - Monday 1st December 2025

- We will meet at 2pm at Fakenham Garden Centre.



<https://www.fakenhamgardencentre.co.uk/>

- After a delicious afternoon tea and a look at the Christmas displays we will head off to Brazen Hall Barns
- We will arrive at Brazen Hall Barns at around 5pm when we will be able to settle in our home for the week and have our first meal together.

<https://www.brazenhall.com/>



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Day Two - Tuesday 2nd December 2025

- After a delicious cooked breakfast we will make the journey to Langham Glass



<https://www.langhamglass.co.uk/>

- We will have a cafe lunch at Langham Glass where we will then watch a glass blowing demonstration and even maybe have a go ourselves.
- We will return to our accommodation for our evening meal together before heading off to watch the renowned Thursford Spectacular for the evening.

Day Three - Wednesday 3rd December 2025



<https://www.holkham.co.uk/>



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- Wednesday sees us visit the beautiful Holkham Hall and estate where we will be able to take a candle lit tour around the hall and beautiful gardens and have lunch in the cafe.
- We will have a rest before our evening meal and a visit from some special fluffy guests - the guinea pigs visit!

Day Four - Thursday 4th December 2025

- Christmas Day!
- After a leisurely breakfast together we have a visit from The Sunflower Choir for a bit of a Christmas sing song, whilst the team cook a Christmas Feast
- We will enjoy a traditional Christmas dinner with all the trimmings before heading off to the North Norfolk Railway to take a ride on the Festive Lights Express



<https://nnrailway.co.uk/the-norfolk-lights-express/>

Day Five - Friday 5th December 2025

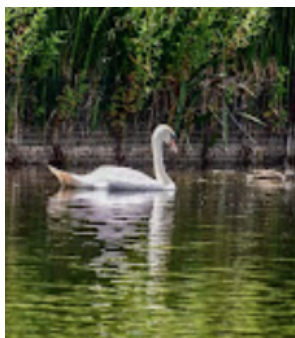
- This morning after packing our bags and a light breakfast, we travel to Pensthorpe Natural park for a walk amongst wildfowl and nature.



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<https://pensthorpe.com/>

Pensthorpe was the base for BBC Springwatch a few years ago and there is an abundance of water birds and animals to spot.

After a midday lunch in the cafe it is time to say goodbye to everyone and head for home.

Pensthorpe Rd, Fakenham NR21 0LN