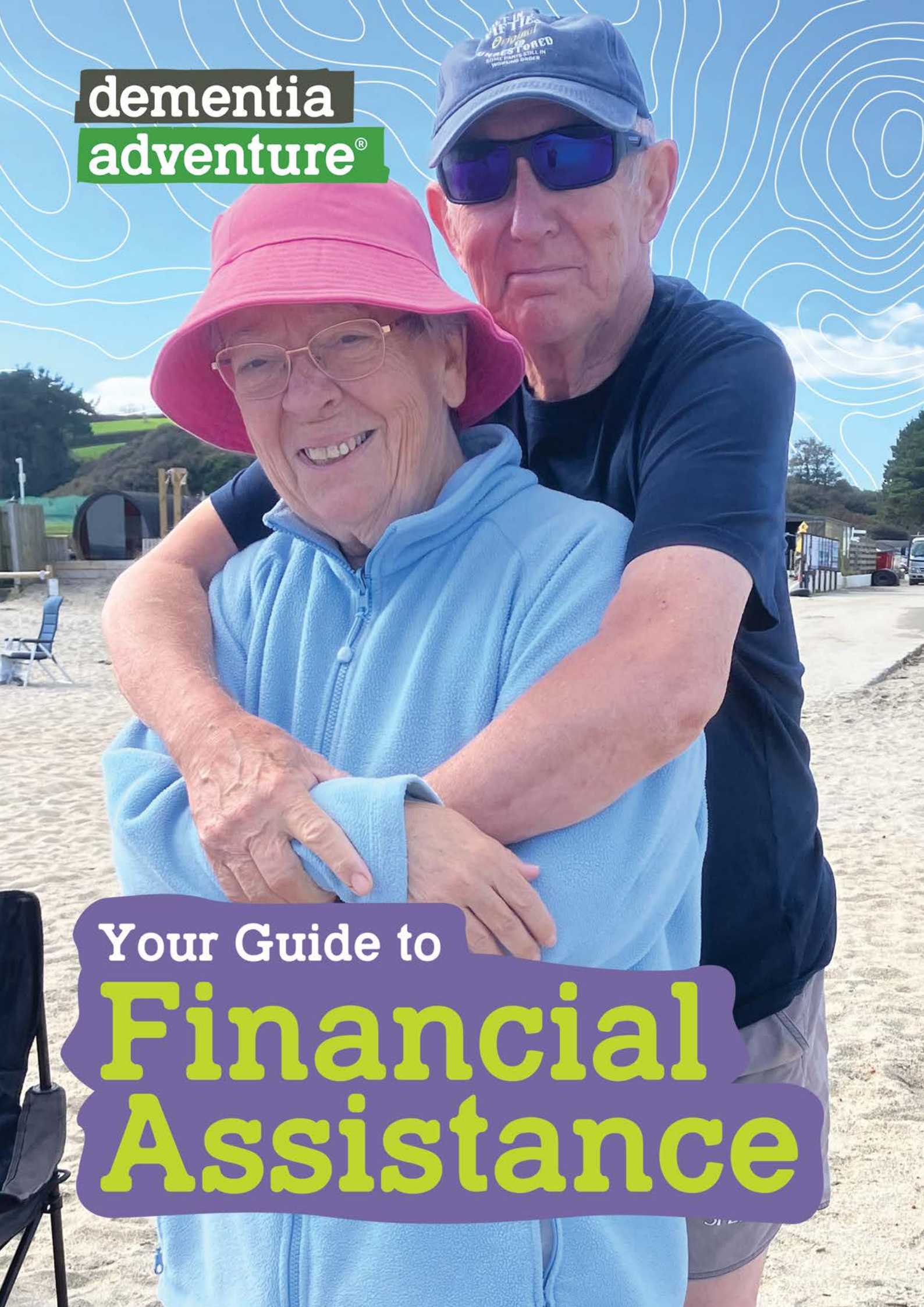




**dementia
adventure®**

Your Guide to

Financial Assistance

How We Can Help

Making Supported Holidays Accessible

At Dementia Adventure, we understand that the cost of a supported holiday can feel like a big outlay — but we truly believe it's an investment in rest, connection, and well-being. As a charity, our supported holidays are designed to give people living with dementia and their companions a relaxing, enriching experience where every detail is taken care of. From accessible accommodation to dementia-trained support, our team works hard to make each holiday enjoyable, safe, and stress-free.

Once you've booked your holiday, there are no additional charges unless there is damage. The price you pay covers:

- Accommodation, carefully selected for accessibility and comfort
- All meals, including meals during excursions
- Transport during the holiday
- Activities and venue entrance fees
- Around-the-clock dementia-trained support
- Personalised planning to ensure a smooth and enjoyable trip

We know that affordability can be a concern, and as a charity, we're committed to helping you access the support you need for a break. Thanks to the generosity of our funders, donors, and supporters — including players of Postcode Lottery — many of our holidays are already subsidised. Depending on your circumstances, we may also be able to offer additional financial assistance through our Dementia Adventure Support Fund, or provide guidance on how to access other funding opportunities.



Using Charitable Subsidies

As a charity, we aim to direct our subsidies to the people who need them most. If you're able to pay the full price of your holiday, your contribution helps make it possible for someone else — who might not otherwise be able to afford a break — to experience the benefits of a Dementia Adventure holiday.

However, we never want finances to be a barrier to taking a much-needed rest. Through generous donations and charitable funding, we can sometimes offer **extra financial support** for those who need it most. This might include a contribution towards the holiday cost itself, or help with related expenses such as travel, clothing, or personal care.

We also recognise that funding options vary widely depending on your circumstances, and we're here to help guide you through them. There are many grants and funding schemes available, and if you'd like assistance with applications, please contact us — we'll do our best to support you.

Contact Us 01245 237548



Dementia Adventure Support Fund

To be considered for the Dementia Adventure Support Fund, you or the person you care for must:

- Have a formal dementia diagnosis
- Live in the UK
- Be unable to afford the listed holiday prices on our website

When reviewing eligibility, we take into account:

- How long it's been since your last holiday
- Whether financial reasons have prevented you from taking a break
- Whether you're applying for or receiving other funding
- Whether you're receiving means-tested benefits
- Whether you've previously accessed the Dementia Adventure Support Fund (within the last 12 months)
- How much you would benefit from a supported holiday and the positive impact it could have on your well-being

We review every application individually, so please get in touch even if your circumstances don't exactly match these examples — we'll do our best to help.

If you receive support through the fund, we may ask if you're happy to share your story. By doing so, you'll help us show the impact of our charitable work and inspire others to seek support.



Thanks to Our Supporters

The Dementia Adventure Support Fund exists entirely thanks to the generosity of individuals, businesses, and charitable funders — including players of Postcode Lottery. Their support enables us, as a charity, to make life-changing breaks possible for people living with dementia and their carers.

We're equally grateful to those who can pay the full holiday price — your contribution helps sustain our charitable work and ensures others can enjoy the same opportunities. Together, you make it possible for us to continue delivering meaningful adventures, support, and joy to those who need them most.



Other Funding Sources and Help

Talk to Your Local Authority

It's always worth contacting your local council's **Social Services Department** to explore whether you or the person you care for may be eligible for support. To qualify, both you and the person you care for will need to have your needs assessed.

Personal Budgets

If you are entitled to support from local authority social services, you may be offered a **personal budget**. This budget allows individuals to have a say in how the funds allocated for their care needs are spent. Many people choose to receive their personal budget as a **direct payment**, which gives them control over how the money is used. This payment can often be used to cover the cost of a **supported holiday with Dementia Adventure**.

Self-Directed Support

People living with dementia who face difficulties in making decisions are entitled to **self-directed support** from their local authority. This support can be managed by a trusted family member or an **appointed deputy** responsible for financial decisions on their behalf.

Finding Your Local Authority

To find the contact details for your local social services department, check your phone directory or use the online government tool at:

<https://local.direct.gov.uk/LDGRedirect/index.jsp?LGSL=209>

Additional Guidance on Self-Directed Support

The **Mental Health Foundation's Dementia Choices** provides detailed information on self-directed support for people living with dementia, their families, and the professionals who assist them. This resource can help you better understand your options and rights when seeking local authority support. Learn more at:

<https://www.mentalhealth.org.uk/explore-mental-health/a-z-topics/dementia>

By working with your local authority and exploring available resources, you may be able to secure funding for a much-needed break.

Contact us if you'd like guidance or support in navigating this process:

<https://dementiaadventure.co.uk/about-us/contact-us/>

The Respite Association

Funds respite breaks for carers, either directly or through referrals from organisations such as Social Services.

Website: www.respiteassociation.org

Email: help@respiteassociation.org

Phone: 01566 783383

Turn2us

A free service that helps individuals in financial need access welfare benefits, charitable grants, and other assistance. The website features a user-friendly grants search tool and benefits calculator.

Website: www.turn2us.org.uk

UK Community Foundations (UKCF)

There are 47 independent and accredited community foundations placed across the UK, which provide grants to individuals and community organisations through various funding schemes. Find your nearest community foundation on the UKCF map and contact them for further information:

Website: <https://www.ukcommunityfoundations.org/find-a-foundation>

Additional Opportunities

If you need further guidance or assistance navigating these resources or applying for grants, contact us for support:

Website: www.dementiaadventure.co.uk/about-us/contact-us



Apply to a Benevolent Fund

If you or someone in your family has worked in a specific trade or profession, you may be eligible for financial or practical support through benevolent funds. These organisations are designed to assist individuals and families facing challenges such as illness, disability, redundancy, or financial hardship. Below is a list of organisations that may be able to provide help.

Actors' Benevolent Fund

Supports actors and stage managers in times of need due to illness, injury, or old age.

Website: www.actorsbenevolentfund.co.uk

Architects Benevolent Society

Assists architects, assistants, technologists, technicians, landscape architects, and their families during times of need.

Website: www.absnet.org.uk

Bakers Benevolent Society

Provides sheltered accommodation and support to retired individuals from the baking industry and its allied trades.

Website: www.bakersbenevolent.co.uk

Barchester's Charitable Foundation

Aids older people and adults with disabilities, focusing on mobility, independence, and quality of life. Grants range from £100 to £5,000.

Website: www.bhcfoundation.org.uk

Email: info@bhcfoundation.org.uk Phone: 0800 328 3328

BEN

Supports individuals who work or have worked in the automotive industry and their dependents, offering help with financial hardship and wellbeing.

Website: www.ben.org.uk

British Allied Trades Federation Benevolent Society

Financially assists individuals who have worked within the giftware, jewellery, surface engineering, and travel goods industries.

Website: www.batf.uk.com/the-benevolent-society

Carers Trust

Offers the Carers Grant Fund, providing up to £300 towards the cost of a short break for unpaid family carers.

Website: www.carerstrust.org.uk

Email: info@carers.org Phone: 0300 772 9600

Chartered Accountants' Benevolent Association (CABA)

Provides support to ICAEW chartered accountants and their families, including financial and practical assistance.

Website: www.caba.org.uk

Civil Service Benevolent Fund

Supports current and former civil servants and their families, providing financial, mental health, and personal assistance.

Website: www.foryoubyyou.org.uk

Electrical Industries Charity

Assists current and retired staff in the electrical and energy industries with financial grants, health, and wellbeing support.

Website: www.electricalcharity.org

GroceryAid

Offers guidance and financial assistance to those in the grocery industry, including debt, benefits, and housing support.

Website: www.groceryaid.org.uk

Hospitality Action

Provides assistance to workers in the UK hospitality industry facing challenges such as illness, poverty, bereavement, and domestic violence.

Website: www.hospitalityaction.org.uk

Market Research Benevolent Association (MRBA)

Supports those working or retired from the market research industry with financial help and advice.

Website: www.mrba.org.uk

NASUWT Benevolent Fund

Offers financial assistance to NASUWT union members and their dependents facing hardship due to illness, bereavement, or redundancy.

Website: www.nasuwt.org.uk/contact-us/legal-support/benevolent-fund.html

NewstrAid

Assists individuals and dependents in the newspaper and magazine distribution trade with financial and welfare support.

Website: www.newstraid.org.uk/apply-for-welfare

PRS Members' Fund

Provides financial and medical support to PRS members experiencing hardship due to illness or old age.

Website: www.prsmembersfund.com

Royal College of Nursing Foundation

Provides hardship funding and support to nurses, midwives, healthcare assistants, and their families.

Website: www.rcnfoundation.org.uk

Royal Medical Benevolent Fund

Assists doctors, medical students, and their families in times of need with financial support and advice.

Website: www.rmbf.org

SSAFA (Soldiers, Sailors, Airmen and Families Association)

Offers support to Regulars and Reserves of the Armed Forces and their families.

Website: www.ssafa.org.uk

The Ben (Licensed Trade Charity Scotland)

Supports individuals in the licensed trade industry in Scotland with financial and personal assistance.

Website: www.bensoc.org.uk

The Drinks Trust

Formerly The Benevolent, supports members of the UK drinks industry facing difficulties such as illness or financial hardship.

Website: www.drinkstrust.org.uk

Timber Trades' Benevolent Society

Assists individuals who have worked in the timber trade for at least 10 years with financial and personal support.

Website: www.ttbs.org.uk



Further Information or Advice

If you need additional guidance or advice, the following organisations may be helpful:

Personal Budgets

Age UK

A UK-wide charity offering information and advice on a variety of topics, including benefits, care, and well-being.

Website: www.ageuk.org.uk Phone: 0800 169 2081

Alzheimer's Society

Provides a wide range of support, including local services and online information for people with all types of dementia and their carers.

Website: www.alzheimers.org.uk Phone: 0333 150 3456

Dementia UK

Offers specialist dementia support through their Admiral Nurse service. Provides a helpline for advice and guidance.

Website: www.dementiauk.org
Email: direct@dementiauk.org Phone: 0800 888 6678

Silver Line

A free, confidential helpline providing information, friendship, and advice to older people.

Website: www.thesilverline.org.uk Phone: 0800 470 8090



Support for Carers

Carers UK

Provides expert advice, information, and resources for unpaid carers, including legal and financial guidance.

Website: www.carersuk.org

Email: advice@carersuk.org

Phone: 0808 808 7777 (Monday–Friday, 9 am–6 pm)

Carers Trust

Supports carers through a network of local partners, offering advice, emotional support, and grants.

Website: www.carerstrust.org.uk

Email: info@carers.org

Phone: 0300 772 9600

Dementia Carers Count

A charity dedicated to supporting carers of people living with dementia. Provides a free Carer Support Line, training, and resources.

Website: www.dementiacarers.org.uk

Phone: 0800 652 1102 (Mon–Fri, 9am–5pm)

tide (Together in Dementia Everyday)

A network offering peer support, training, and events to empower and connect carers of people living with dementia.

Website: www.tide.uk.net

Email: info@tide.uk.net



Financial Assistance and Advice

Turn2us

Helps individuals find financial support, including welfare benefits and charitable grants, through an easy-to-use online tool.

Website: www.turn2us.org.uk

Citizens Advice

Offers free, confidential advice on financial, housing, and legal matters.

Website: www.citizensadvice.org.uk Phone: 03444 111 444

Health and Well-being

NHS Dementia Guide

A comprehensive guide to living well with dementia, including advice on care options, legal matters, and managing symptoms.

Website: www.nhs.uk/conditions/dementia

Mind

Provides mental health support for carers and individuals living with dementia-related stress and anxiety.

Website: www.mind.org.uk Phone: 0300 123 3393

Stroke Association

Offers information and support for individuals who have experienced a stroke, which can sometimes lead to vascular dementia.

Website: www.stroke.org.uk Phone: 0303 3033 100



Specialist Dementia Support

Young Dementia Network

Supports people with young-onset dementia and their families through information, events, and connections.

Website: www.youngdementianetwork.org

Email: youngdementianetwork@dementiauk.org Phone: 01993 776295

YPWD (Young People with Dementia)

Provides meaningful activities and support for people living with young-onset dementia in Berkshire and surrounding areas.

Website: www.ypwd.info

Rare Dementia Support

Offers specialist advice and support groups for those affected by rarer forms of dementia, including frontotemporal dementia and posterior cortical atrophy.

Website: www.raredementiasupport.org

Email: contact@raredementiasupport.org Phone: 020 3325 0828

Legal and Advocacy

Solicitors for the Elderly (SFE)

A national organisation of lawyers specialising in supporting older people and their families with issues like wills, power of attorney, and care planning.

Website: www.sfe.legal

The Office of the Public Guardian

Supports individuals managing someone's financial or health decisions via lasting power of attorney (LPA).

Website: www.gov.uk/government/organisations/office-of-the-public-guardian

These organisations offer a range of services that may help you or the person you care for. If you need further assistance navigating these resources, please feel free to contact us.

